

How To Live Green



Things to Know Before Going for a Green Holiday

Going green is the new mantra when it comes to enjoy holidays. As someone keen on going on a green holiday this season you must realize that one only gains from going green, be it for a day, week or a month. However, to realize the true benefits of going green, you must know certain things before you proceed on a holiday.

1.) Caring for quality of life

It is an accepted fact that all of us love to spend time in beautiful places, be it the Alps or the shores of some beach side location. You need to ensure that the beauty of the place is protected so that the visitors are able to enjoy the pristine beauty of natural locations forever. When you decide to head for a holiday, be sure that you respect the principles of sustainability. By adopting the sustainable tourism practices you will help to provide that beaches are clean, water is clear, and air is fresh.

2.) Minimize the use of motor vehicles

When on a holiday and wanting to keep your vacation green and sustainable, try walking whenever possible rather than taking the car. As you arrive at the designated place, you must be wanting to head to the tourist spots at that place. It is helpful to do some prior planning on the places you intend to visit and calculate the time you will be requiring to trek to the tourist spots instead of taking the taxi.

Encouraging the practice of walking is a good sign for the health of the surroundings. Spending time in natural surroundings is the best way of enjoying nature and by doing proper planning beforehand, you will be taking another step towards going green.

3.) Minimizing the use of disposable plastics

Travelling on holidays and that too for a period spanning around a week requires considerable clothes and other essentials to be taken along. Try to minimize the use of plastic, especially for packaging purposes. Many places have already banned the use of plastic bags and for other places that permit the use of plastic, the best way of going green is to bring reusable bags and avoid plastic.

If you need to use some plastic bags for packing (to store dirty clothes, for example), reuse those bags as much as possible. When disposed of at the holiday spot, plastic persists in the environment and can occasionally wind up being swallowed by animals or fish. Instead use jute or similar bags for packaging purposes and reuse them. You will be creating a better practice for others to follow and will be doing your part to help keep the surroundings clean and green.

4.) Carry minimal electronic appliances

It is a common practice that when we head on a holiday we carry along many electronic appliances such as cameras and mobile phones. The advent of technology might have created a necessity for using these things but one needs to minimize their use when thinking of going green and that too on a holiday. Since many phones now include a camera, digital cameras may not be needed, reducing the batteries and extra weight you carry, and also eliminating the need to dispose of the unnecessary waste.

If going along with family or friends on a holiday and need a high quality digital camera, carry only a single camera. Similarly, portable DVD players and other electronics can be kept to a minimum.

5.) Carry good quality walking shoes

Going on a green holiday probably means that you will be walking a lot. Bring along good quality walking shoes to make the task of going green easier to manage. By walking instead of driving, your instinct will guide you along and encourage you to explore the surroundings. You will not only be doing a great lot of good for your physical well being by encouraging the practice of walking but will help keep the natural surrounding pristine as the use of vehicles would be minimal. Biking is also a great way to get around while on a green vacation.

6.) Respect for the local community

If you are thinking of camping or heading to the woods for your holidays, pay some additional attention to local customs and details. Many fellow campers and dwellers in rural environments are nature lovers and are quite

conscious about protecting their surroundings. Ensure that you do not violate any of the unwritten rules that might be in existence at these locations. This can be in form of a ban on plastic usage or playing of loud music. And of course, avoid leaving any trash.

Have respect for your surroundings and you will be able to realize the full value of your green vacation.